

A little over 5 miles

First Run the Park Route loop for 1.5 miles

Right out of Roswell Park onto Woodstock Right on to Wavetree...follow to Crossville Turn around at Crossville Head back to the park

(To get 6.5, run the park loop one more time for 1.5 miles)

CHRISTIAN RUNNERS DOG

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7.5/9 Miles

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Right out of Roswell Park on to Woodstock
Right on to Wavetree...follow to Crossville
Left on Crossville
Left on Woodstock
Right into Devereux Chase...follow loop around
Left on Devereux Downs...back to Devereux Chase
Right on to Devereux Chase
Quick right on to Woodstock and back to park
(To get 9, run the Park loop one more time for 1.5 miles)



7.5/9 Miles

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Right into Devereux Chase...follow loop around
Left on Devereux Downs...back to Devereux Chase
Right on to Devereux Chase
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(To get 9, run the Park loop one more time for 1.5 miles)



11/12.5 Miles

First Run the Park Route loop for 1.5 miles

Right out of Roswell Park on to Woodstock

Right on to Wave tree...follow to Crossville

Left on Crossville

Left on Woodstock

Right into Devereux Chase...follow loop around

Left on Devereux Downs...back to Devereux Chase

Right on to Devereux Chase

Quick right on to Woodstock and back to park (water stop at start)

Keep going past the park up to Canton street

Go right on to Canton and follow to Magnolia

Right on Magnolia...quick to Mimosa

Left on Mimosa til dead ends...turn around head to park

(To get 12.5 miles, run the Park loop for 1.5 miles)



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